



PALLEN'S
MARTIAL ARTS™

OCTOBER 2021

POWERFUL

PROJECT

SPORTSMANSHIP

AGES 4-6

FIRST & LAST NAME: _____ PARENT SIGNATURE: _____

TIP GOAL: _____

Sportsmanship means: "No matter if we win or lose, we use kind words and play by rules!" Good sports make kind choices whether they win or lose. Read each situation. Circle all the choices that show good sportsmanship. Cross out the choices that show bad sportsmanship.



Jacob won! He was so excited. He showed good sportsmanship by:

- | | | |
|--------------------------|---------------------------|-------------------------|
| Saying "good game." | Shaking the coach's hand. | Shouting for 5 minutes. |
| Sticking his tongue out. | Thanking the referee. | Making fun of others. |



Amelia's team was losing. She showed good sportsmanship by:

- | | | |
|------------------------|---------------------------|--------------------------|
| Stomping around. | Tripping the other team. | Shouting rude words. |
| Saying "we can do it!" | Cheering for her friends. | Giving hugs to her team. |



Ethan made a mistake. He showed good sportsmanship by:

- | | | |
|--------------------|----------------------------|-------------------------|
| Being accountable. | Shouting at his team. | Hiding his face. |
| Apologizing. | Blaming it on the referee. | Promising to work hard. |



Clara's team lost. She showed good sportsmanship by:

- | | | |
|---------------------|-----------------------|----------------------|
| Saying "good game." | Yelling at the coach. | Saying "great work!" |
| Having a tantrum. | Thanking the referee. | Ignoring her team. |