



**PALLEN'S**  
MARTIAL ARTS™

**POWERFUL**

MAY 2021

**PROJECT**

# INITIATIVE

AGES 7 & UP

FIRST & LAST NAME: \_\_\_\_\_ PARENT/GUARDIAN: \_\_\_\_\_

TIP GOAL: \_\_\_\_\_

This month we are talking about initiative. When we show initiative, we take purposeful action that propels us forward so we can achieve our goals, learn new skills and get our jobs done. People with initiative are self-starters-- they need no reminders to take action. Below, take a look at each situation. What, specifically, might a self-starter do? What might lack of initiative look like?

## Example

Scenario	Goal: To write a great 3-page report.	Scenario	Job: To do the dishes after dinner.
With Initiative	Research & write each day this week.	With Initiative	
Without Initiative	Waste time, wait until the last day and need several reminders to begin.	Without Initiative	
Scenario	Task: To practice for class or team.	Scenario	Task: To make a present for family.
With Initiative		With Initiative	
Without Initiative		Without Initiative	